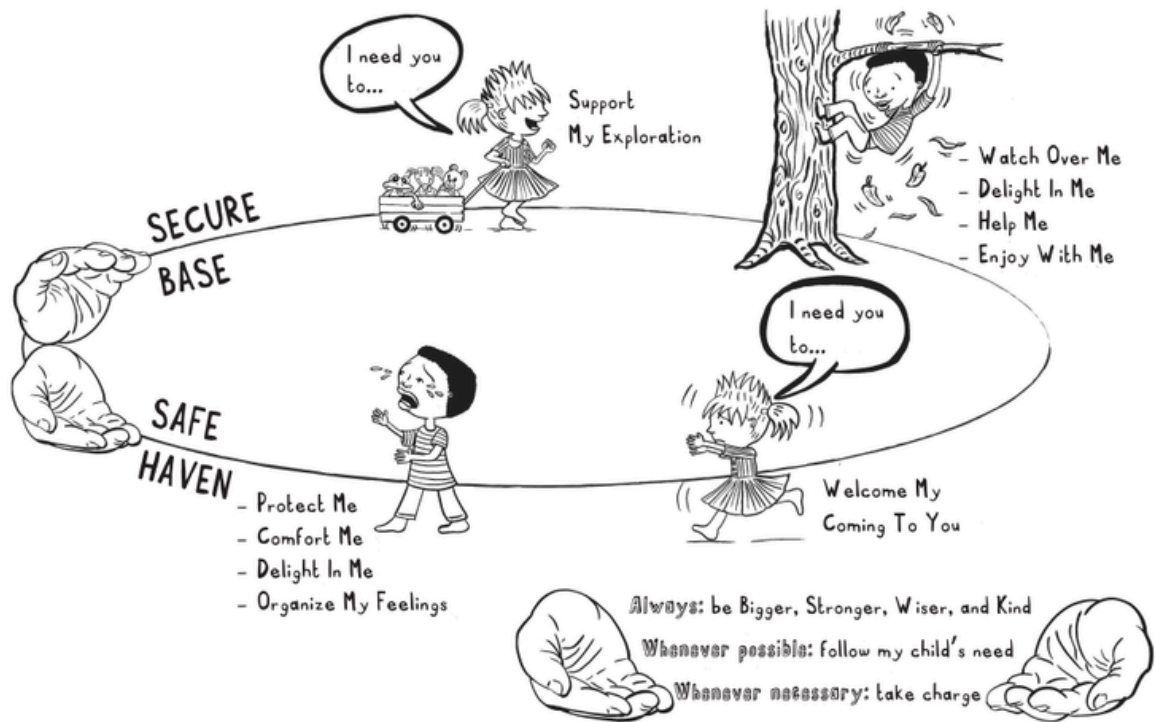


Anxiety, Exhaustion, and Masking: Supporting Girls with Autistic Traits

Circle of Security®
Parent Attending To The Child's Needs



© 2018 Cooper, Hoffman, and Powell; Circle of Security International

Is there a part of the circle you are drawn to explore a bit further?

What is your shark music like?



Scan the QR code to find
out more about
Capacity-Aware Parenting

